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Some news from MyRoad



Health Research Exchange Competition 2025

There is still time to submit your application to the **2025 Health Research Exchange Competition**. The competition invites trainees and early career investigators to propose collaborative research projects in the areas of cardiometabolic health, diabetes and obesity, with the goal of complementing their training path with experiential learning opportunities in another research group (i.e. in another centre located in Canada or internationally). The deadline for the first edition is **May 1st, 2025**, the next competition will close on October 1st, 2025

To get all the information and submit your application, visit the platform website.

[Health Research Exchange Competition 2025](#)

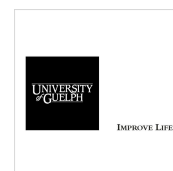
Call for new MyRoad Mentoring Subcommittee members!

MyRoad is looking for new members to join the MyRoad Mentoring Subcommittee. Look at the call for applications on the MyRoad website

[Call for applications](#)

Help to improve lifestyle care for patients with cardiometabolic risk!

Lifestyle programs addressing cardiometabolic risk are increasingly being offered in team-based primary care practices or specialist groups across Canada. The format, length and key features of such programs varies widely across provinces and national data on current services has not been collected.



A survey has been developed to address this gap and is part of a larger project to develop an interprofessional care pathway for diet interventions for use by dietitians and other health professionals counselling patients.

If you manage or deliver lifestyle programs for patients with pre-diabetes, Type 2 diabetes, or metabolic syndrome within primary care or through contracted services, you are invited to take part in a national survey to describe your services. The survey is accessible on any internet-connected device in **both English and French**.

This survey takes about 25-30 minutes to complete and has received University of Guelph Ethics approval (REB#1381).


Please feel free to forward to interested colleagues.

[Survey](#)

Upcoming Event



Save the Date – MyRoad Forum on June 5 2025

 [MyRoad Forum – June 5 2025, 2:00-3:30 PM ET](#)

Join us for the first edition of the MyRoad Forum, part of the Fundamentals Level of the [Core Training and Mentoring Program](#). This online event will integrate current concepts from obesity, diabetes, cardiometabolism, nutrition, and knowledge mobilization and implementation. Connect with peers, enhance your learning, and apply key insights to your projects. This will be a dynamic exchange related to the fundamental program and the opportunity to ask questions. This session will be facilitated by experienced members of the MyRoad Faculty.

Mark your calendars - more details coming soon! Be sure to complete the online modules in advance for the best experience.

[MyRoad Forum on RISE](#)

We remind you that a **\$500 travel award** will be drawn among those who have completed the Fundamentals Level each semester. The first draw will take place in June following the first forum.

University of Manitoba Summer Research Institute 2025

Are you an Indigenous student interested in learning how to do research? The University of Manitoba is now offering a training opportunity for Indigenous students! This workshop will be led by Moneca Sinclair from the University of Manitoba and will run from June 16-20, 2025.

The deadline to apply is April 26, 2025

MyRoad is offering **travel grants for 2 students** to attend the Summer Research Institute.

[Summer Research Institute 2025](#)



The 14e Annual DREAM Diabetes Symposium and Trainee Day

Mark your calendars! The 14th Annual DREAM Diabetes Symposium and Trainee Day will be held on November 12 – 13, 2025 in Winnipeg, Manitoba! This year's theme will center around connections to form innovation, and the trainee day will have a focus on professional development, along with a poster competition.

The poster competition will be an excellent session, where you can network with fellow trainees and connect with diabetes researchers.

The symposium will feature oral abstracts from the top 6 abstracts submitted (3 x clinical research abstracts and 3 x fundamental science abstracts), and financial awards will be given to the top presenters.

MyRoad will once again be awarding travel grants.

For more information, please contact dream@chrim.ca

The Next Frontier in Adipose Biology Bridging Wisdom with Innovation



August 19-20, 2025

Montreal, Quebec, Canada

The Adipose Biology Conference is a dynamic platform that unites scientists at all career stages, fostering collaboration, knowledge exchange and mentorship to propel groundbreaking advancements in mechanisms of adipose tissue biology.

Early-bird deadline: May 1st 2025

Visit the website to learn more about this event.

AdiposeBiology.com

Call for contribution

To help more students and early-career investigators access MyRoad activities and funding opportunities, the platform is preparing a communications toolkit to expand its outreach.

If you have taken part in MyRoad activities or received financial support from the platform and are open to sharing your experience, we are looking for individuals willing to record a short video testimony about how MyRoad has impacted your training or career path.

For more information or to participate, please contact:

MyRoad.MaRoute@criucpq.ulaval.ca



SEND TO A FRIEND