

Create an account to access
MyRoad online content

Login page:

<https://my.riselmms.ca/login/index.php>

Select **Create new account**



[Lost password?](#)

Is this your first time here?

For full access to this site, you first need to create an account.

English (en) ▾

Create a username and a password

The password must have at least 8 characters, 1 digit, 1 lower case letter and 1 upper case letter

Provide the required information:

- Email address
- First name
- Surname
- Name of Network/Program
- Highest degree achieved
- Degrees/diplomas you are currently pursuing

Make sure to select MyRoad/MaRoute as the name of your Network/Program

▼ Profile Data

User Role

Learner

Name of Network/Program !

MyRoad/MaRoute

Please select your highest degree achieved: !

Choose...

Please identify any degrees/diplomas you are currently pursuing: !

Choose...

Please advise if you are associated with any of the below research training groups:

MyRoad/MaRoute

Institution

Dalhousie University

Primary Role

Research Student

Other sections of the form are not required to create an account but they provide us information to adjust the training and mentoring courses/programs offered.

You can complete these sections at any time by modifying your profile once your account has been created.

Feel free to share as little or as much as you wish according to your comfort level.

Select **Create my new account**

You will receive an email to confirm your registration.

- > **Your Bio: Please include a short biography (150 -300 words)**
- > **Professional and Scientific Development and Mentorship**
- > **Equity, Diversity, and Inclusion Self Declaration:**

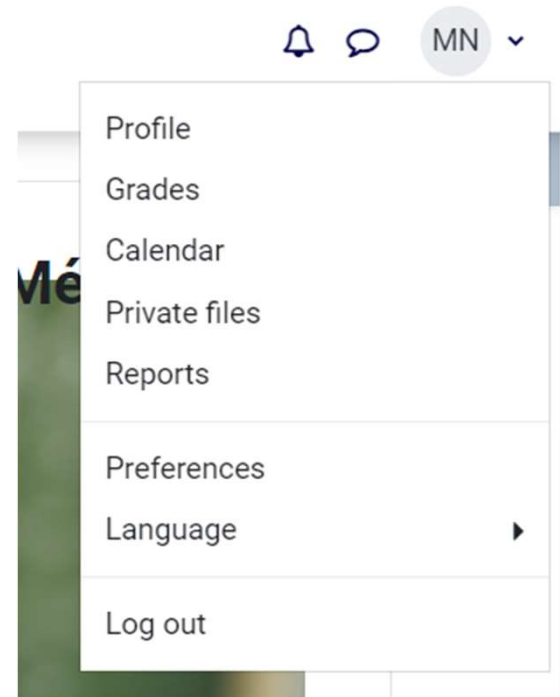
Create my new account

Cancel

You can access your courses and programs by clicking on **Dashboard** in the main menu or by clicking **My courses**.



You can change your preferences and your password or update your profile by clicking on your initials on the upper right corner of the page

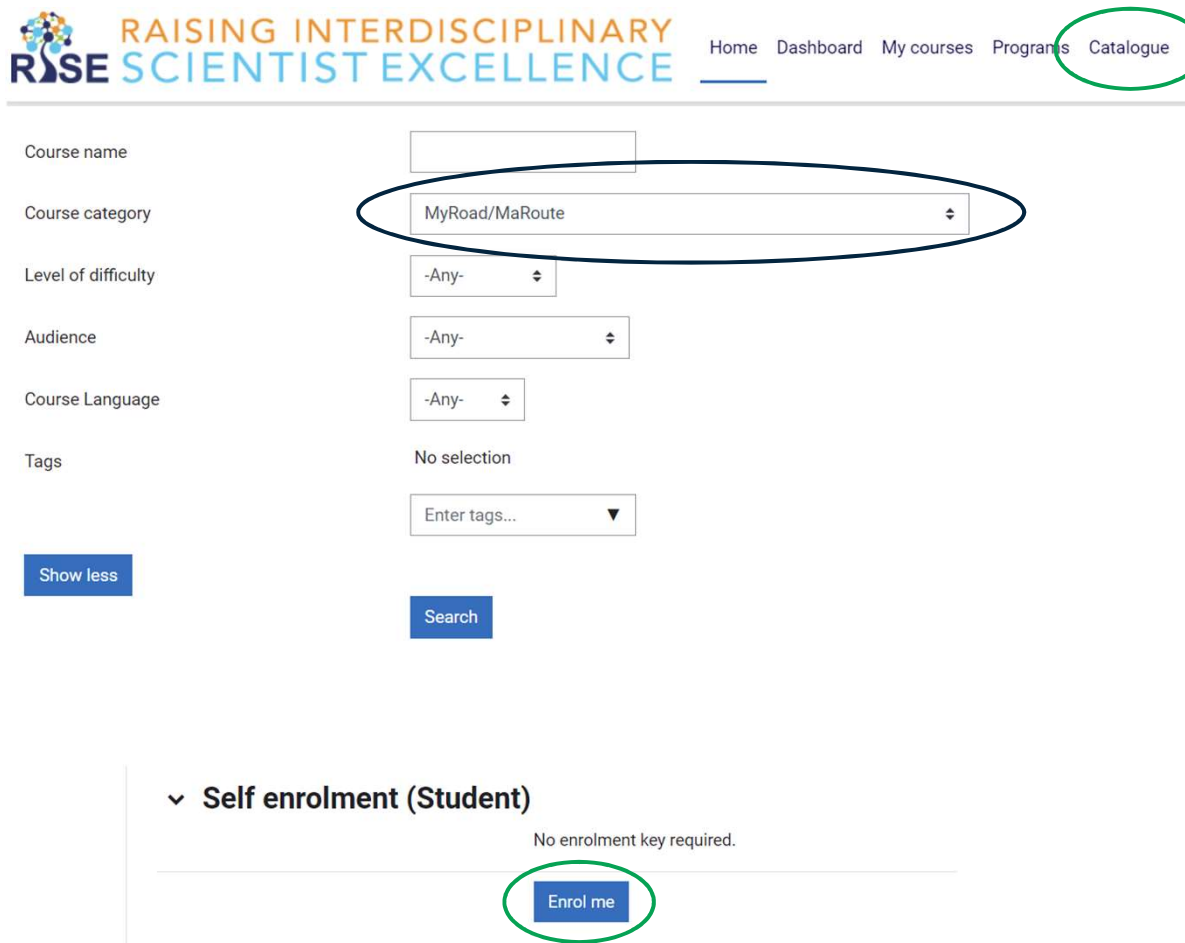


To explore courses and programs available, click **Catalogue** from the main menu.

You can select **MyRoad/MaRoute** in the research tool to browse courses from our platform.

Feel free to explore and access courses from other networks/groups on RISE to personalize your training pathway.

To enroll in a **course**, click on the selected course and then on **“Enrol me”**. This selected course will be added to your dashboard.



RAISING INTERDISCIPLINARY SCIENTIST EXCELLENCE

Home Dashboard My courses Programs **Catalogue**

Course name

Course category

Level of difficulty

Audience

Course Language

Tags No selection

▼ **Self enrolment (Student)**

No enrolment key required.

In the Program menu, you will find the **MyRoad Core Training and Mentoring Program Level 1: Fundamentals**.

You can click on the program and then on **“Sign up”** to register. Complete all the content of this level and obtain your certificate.

MyRoad Core Training and Mentoring Program Level 1: Fundamentals

This program provide and overview of the current concepts in research on cardiometabolism, diabetes, obesity and nutrition while also offering basic knowledge and skills to carry out research in these field.

Once you have completed all courses, please contact MyRoad.MaRoute@criucpq.ulaval.ca to obtain your certificate.

Current Concepts on
Obesity, Diabetes,
Cardiometabolism and
Nutrition

Cross-Sectional Skills

Managerial Skills


Career Strategies

Sign up

Content

Item

 MyRoad Core Training and Mentoring Program Level 1: Fundamentals

 Curent Concepts on Obesity, Diabetes, Cardiometabolism and Nutrition